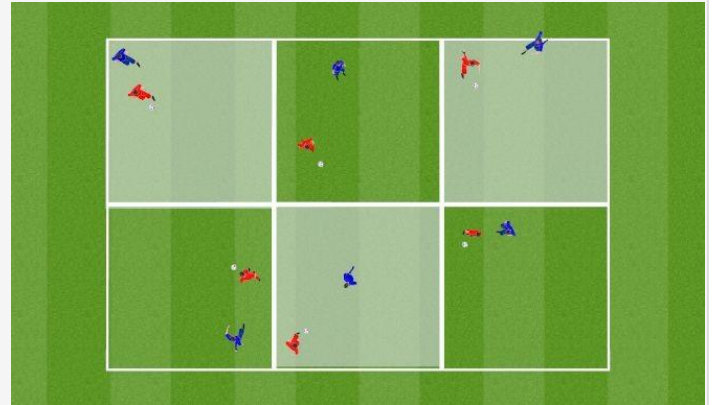


## Follow The Leader

### Follow The Leader

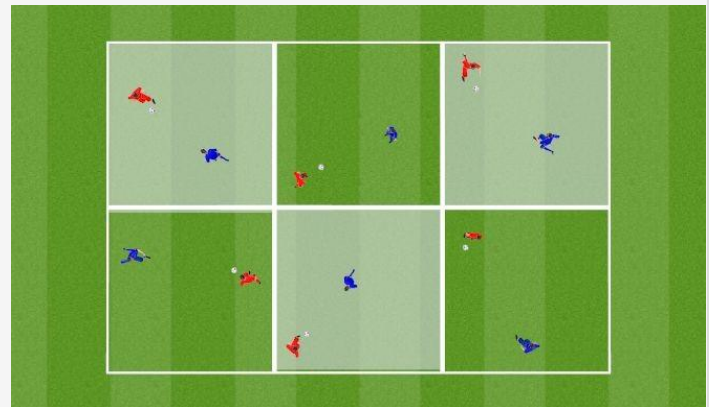
The players split into pairs; in each pair one needs to wear different colored pinnies/shirts. One player will start with the ball and must dribble around their square changing direction, speed and ways they control the ball. The defending player will have to follow the attacking player but not tackle just jockey.

After 4 minutes of this, they will then swap over.



## Passing

### Passing



## 1v1 Tackling

### 1v1 Tackling

To start with, in each pair the player in a red bib will start with the ball and the player in blue will have to tackle them. Once they win the ball, they then try to keep possession of the ball. They keep doing this for 5 minutes to work on their tackling and close control.

